



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## APRIL POOL SCHEDULE (2018)

EFFECTIVE APRIL 2<sup>ND</sup> – Subject to Change

Pool closes for weather below 40°F – determined by “Feels Like” temperature posted on Weather Channel’s Website/App

Day	Family & Lap Swim	Aqua Group Exercise	Group Swim Lessons	Swim Team
<b>Monday</b>	5:30am-1:00pm 3:00pm-4:00pm 7:00pm-8:00pm	Aqua Aerobics 9:15am-10:15am	7:00pm-7:45pm	4:00pm-7:00pm
<b>Tuesday</b>	5:30am-1:00pm 3:00pm-4:00pm 7:00pm-8:00pm	Aqua Aerobics 9:15am-10:15am	10:00am-12:00pm	4:00pm-7:00pm
<b>Wednesday</b>	5:30am-1:00pm 3:00pm-4:00pm 7:00pm-8:00pm	Aqua Aerobics 9:15am-10:15am	7:00pm-7:45pm	4:00pm-7:00pm
<b>Thursday</b>	5:30am-1:00pm 3:00pm-4:00pm 7:00pm-8:00pm	Aqua Aerobics 9:15am-10:15am	10:00am-12:00pm	4:00pm-7:00pm
<b>Friday</b>	5:30am-1:00pm 3:00pm-4:00pm 6:30pm-7:30pm	Aqua Yoga 9:15am-10:15am		4:00pm-6:30pm
<b>Saturday</b>	10:00am-2:00pm		10:00am-12:00pm	
<b>Sunday</b>	1:30pm-5:00pm			

Please note:

**Lap Swim** is based on pool capacity. Aquatics staff will be proactive in opening lanes as they become available.

**Aqua Group Exercise** is now available 9:15 – 10:15am, Monday through Friday.

**Swim Lessons:** Please visit the Welcome Center or [www.FirstCoastYMCA.org](http://www.FirstCoastYMCA.org) for more information.

Group Swim Lessons will begin in April.

Private Swim Lessons are offered year-round and can be held anytime during pool hours.

We apologize for any inconvenience.

**Ponte Vedra YMCA**

YMCA of Florida’s First Coast | [FirstCoastYMCA.org](http://FirstCoastYMCA.org)