



Ponte Vedra YMCA Youth Program Offerings

Program	Ages													Season
	0-1	2	3	4	5	6	7	8	9	10	11	12	13+	
Adventure Guides (Boys with Dads)					◆	◆	◆	◆	◆	◆	◆			August-May
Adventure Princesses (Girls with Dads)					◆	◆	◆	◆	◆	◆	◆			August-May
Ballet		◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Year-Round
Basketball			◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Year-Round
Crafty Kids				◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Summer/Winter
Elite Basketball Training (3rd-12th grade)									◆	◆	◆	◆	◆	See Art Flyer
Flyers Swim Team *													◆	Spring/Fall
Group Swim Lessons			◆	◆	◆	◆	◆	◆	◆	◆	◆	◆		Year-Round
Home School PE					◆	◆	◆	◆	◆	◆	◆	◆		Spring/Summer/Fall
Karate *				◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	August-May
Kid's Night Out					◆	◆	◆	◆	◆	◆	◆			Year-Round
Landrum After-School Care											◆	◆	◆	Quarterly
lil Kickers		◆	◆											August-May
Mom & Me Paint				◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Spring/Fall
Mom's Morning Out	◆	◆	◆	◆	◆									See Art Flyer
Piranahs Swim Team (Non-Competitive)				◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Year-Round
Private Swim Lessons		◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	August-April
Soccer				◆	◆	◆	◆	◆						Year-Round
Speed & Agility Training								◆	◆	◆	◆	◆	◆	Spring/Fall
Teenie Yogini *			◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Year-Round
Trail Blazers (Children and Dads)														August-May
Tumbling			◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	August-May
Volleyball							◆	◆	◆	◆	◆	◆	◆	Year-Round
Wellness Floor Training (Weekly)									◆	◆	◆	◆	◆	Spring/Fall
Youth In Government (6th-12th grade)												◆	◆	Weekly on Saturday
												◆	◆	August-May

* Members Only

Facility Hours:

Mon-Thu 5:00am-9:00pm
Fri 5:00am-8:00pm
Sat 7:00am-5:00pm
Sun 1:00pm-6:00pm

KidZone Hours:

Mon-Thu 8:00am-12:00pm
 4:00pm-8:00pm
Fri-Sat 8:00am-12:00pm
Sun closed

Pool Hours:

Mon & Wed 5:30am-1:00pm; 3:00pm-4:00pm;
 7:00pm-8:00pm
Tue & Thu 5:30am-4:00pm; 7:00pm-8:00pm
Sat 10:00am-2:00pm
Sun 1:30pm-5:00pm