



POOL RULES

NO DIVING

- No food or beverages in pool or on pool wet deck.
- No glass or animals in the fenced pool area.
- All swimmers must shower before entering pool.
- Do not swallow the pool water.
- All swimmers ages 15 years and younger must be swim tested and follow YMCA swim test policy.
- No breath-holding or underwater lap swimming.
- Only Coast Guard-approved PFDs are permitted.
- No inflatable devices of any kind.
- No horseplay, running, playing on ladders, throwing objects/swimmers or riding on shoulders.
- Enter the pool from the wet step feet first or use ladders or stairs.
- No hanging on or swimming across occupied lap lanes.
- Swimmers must wear appropriate swim attire.
- As a courtesy to others, do not use the pool when sick.
- Anyone experiencing incontinence must wear approved swim diapers. Diapers must be changed in the locker area.
- Two rescue-ready lifeguards are required for the pool to open.
- Pool will close when the air temperature is less than 40 degrees.
- Pool will close for 30 minutes after thunder and/or lightning occur.

As a reminder, the lifeguard is always in charge. It is the primary responsibility of the lifeguard to scan the pool area, deal with emergency situations and enforce rules for your safety. Please support the guards by supervising the children in your party.

**FAILURE TO FOLLOW THESE RULES MAY RESULT IN
SERIOUS INJURY OR DEATH.**